

# Community Resources

**Trans LifeLine** 877-565-8860

**The Trevor Project** 866-488-7386

**National Suicide Prevention Lifeline** 800-273-8255

**Substance Abuse Services Hotline (SASH)** 844-804-7500

**Crisis Text Line** text HOME to 741741

## **Trans Wellness Center**

*Provides comprehensive resources and services for trans & non-binary people.*

3055 Wilshire Blvd, Suite 360

Los Angeles, CA 90010

(323) 993-2900

[www.mytranswellness.org](http://www.mytranswellness.org)

## **Bienestar**

*Provides sexual health services mental health, and substance use, case management, peer navigation, food bank, housing services, as well as prevention education for the Latinx community.*

*Multiple locations*

3131 Santa Anita Ave, Suite 109

El Monte, CA 91733

(866) 590-641 / (626) 444-9453

[www.bienestar.org](http://www.bienestar.org)

## **Translatin@ Coalition**

*A drop-in center that provides daily food distribution to all trans folks. As well as support to survivors of immigration detention and incarceration.*

3055 Wilshire Blvd, Suite 350

Los Angeles, CA 90010

(833) 847-2331

[www.translatinacoalition.org](http://www.translatinacoalition.org)

## **The Wall Las Memorias**

*Created the Trans Connection Program targeting trans women of color. Services offered under the Trans Connection program include HIV/AIDS prevention and testing, substance abuse counseling, support groups, and safe sex practice counseling.*

*They also host support groups for GNC/NB folks of color.*

5619 Monte Vista St.

Los Angeles, CA 90042

(323) 257-1056

# Health Resources

## **St. John's Transgender Health Program**

*Provides healthcare for children adolescents, and adults who are transgender or gender diverse that is sensitive to individual needs. Services offered are primary and specialty care, behavioral and mental health care.*

326 W 23rd St

Los Angeles, CA 90007

(323) 541-1411

<http://www.wellchild.org/>

[transgender-health-program/](http://www.wellchild.org/transgender-health-program/)

## **Transgender Health Services**

*As a program of FHCSD, Transgender Health Services is committed to providing comprehensive health care services, as well as connecting individuals with HIV or hepatitis to screenings and treatment, mental health services, and more.*

Multiple locations in San Diego

Chula Vista, and Vista

(619) 255-7743

<https://www.transhealthsd.org/>

## **Planned Parenthood, Pasadena Health Center**

*Offers primary and specialty care with sliding scale fees based on income. Available for both walk-ins and appointments.*

Multiple locations

1045 N Lake Ave, Pasadena, CA 91104

(626) 798-0706

[www.plannedparenthood.org](http://www.plannedparenthood.org)

## **Los Angeles LGBT Center**

*This center offers primary and specialty medical care.*

*Other needs addressed at this office include Social Services and Housing, Culture and Education, Leadership and Advocacy.*

1625 Schrader Blvd.

Los Angeles, CA 90028

(323) 993-7500

<https://lalgbtcenter.org>

## **Borrego Health Specialty Program**

*Offers primary and specialty care with sliding fees based on income.*

Multiple locations in San Bernardino, Riverside, and San Diego.

(760) 676-5800 / (855) 436-1234

<https://www.borregohealth.org/>

# ***Surgical Transition Doctors***

## **Mort Rizvi**

*Facial feminization surgery,  
FTM top surgery, MTF top surgery,  
FTM bottom surgery , MTF bottom surgery.*  
Huntington Orthopedics Main Office  
39 Congress Street, Second Floor  
Pasadena, CA 91105  
(626) 486-9494

## **Gil and Zol Kryger**

*Facial feminization surgery,  
FTM top surgery, MTF top surgery,  
body contouring.*  
947 Thousand Oaks Blvd  
Thousand Oaks, CA 91360  
(805) 777-3877

## **Dr. Joseph Hadeed**

*Facial feminization surgery,  
FTM top surgery, MTF top surgery,  
FTM bottom surgery , MTF bottom surgery  
body contouring.*  
465 N Roxbury Dr Suite 1020  
Beverly Hills, CA 90210  
(310) 970-2940

## **Dr. Gary Alter**

*Facial feminization surgery,  
FTM top surgery, MTF top surgery,  
FTM bottom surgery , MTF bottom surgery.*  
416 N Bedford Dr #400  
Beverly Hills, CA 90210  
(310) 275-5566

## **Dr. Marci Bowers**

*FTM top surgery, MTF top surgery,  
FTM bottom surgery , MTF bottom surgery.*  
345 Lorton Ave Suite 101  
Burlingame, CA 94010  
(650) 570-2270

## **Maurice Garcia**

*Facial feminization surgery,  
FTM top surgery, MTF top surgery,  
FTM bottom surgery , MTF bottom surgery  
body contouring.*  
West Medical Office Tower  
Urology 8635 W. 3rd St., Suite 1070W  
Los Angeles, CA 90048  
(310) 423-1500

# ***Surgical Transition Clinics***

## **UCLA Gender Health Program**

*Provides healthcare for children adolescents, and adults who are transgender or gender diverse that is sensitive to everyone's individual needs.*

*Services offered are primary care, different medical transition options, including hormones, and case management.*

947 Thousand Oaks Blvd

Thousand Oaks, CA 91360

(805) 777-3877

## **Cedars Sinai**

*Transgender Surgery and Health Program offers a network of health care providers that are trained and knowledgeable on trans related health, from different surgical transitioning procedures to primary health care providers.*

*Multiple Locations*

*(310) 423-1500*

## **Kaiser**

*Provide gender-affirming care.*

*They specialize in gender-confirming surgery, internal medicine, endocrinology, gynecology, psychiatry, social services, and nurse care coordinators.*

Multiple Locations

(323) 857-3818

# Surgery Payment Resources

## **Jim Collins Foundation**

*helps provide financial assistance to transgender people for gender-affirming surgeries. They raise money to fund gender-affirming surgeries for those who would want and need surgeries, but cannot pay for it themselves.*

<https://jimcollinsfoundation.org/>

## **Care Credit**

*Finance cosmetic surgery and other beauty procedures with monthly payments and promotional financing options.*

<https://www.carecredit.com/>

## **Community Kinship Life**

*Provide the Trans community with the tools needed to achieve their personal goals while having a sense of community and kinship. Membership includes unlimited assistance with insurance review, appeal assistance and Surgery Buddy Assistance.*

<https://cklife.org/>

## **Nerdwallet**

*App and website offering advice for different options on paying for gender-affirming surgeries.*

<https://www.nerdwallet.com/blog/guide-paying-transgender-surgeries/>

## **Transcend Legal**

*helps people get transgender-related health care covered under insurance. This is their video series that talks about how these folks got their insurance to cover their surgeries.*

<https://video.transcendlegal.org/>

## **GoFundMe**

*An online resource to help fundraise for surgeries.*

*NOTE: GoFundMe keeps 2.9% of raised funds, plus a \$0.30 fee per donation*

<https://www.gofundme.com/>

# ***Hair Removal***

## **Anita Dzurek**

Beverly Hills Hair Free Laser Hair Removal

9301 Wilshire Blvd, Ste 310

Beverly Hills, CA 90210

(424) 335-0025

info@beverlyhillshairfree.com

<http://beverlyhillshairfree.com/>

## **Dana Elise Solutions Electrolysis**

450 N. Bedford Dr., Suite 200

Beverly Hills, CA 90210

(310) 550-5566

<http://www.danaelise.com/>

## **Paula Grippi Electrolysis**

3587 N. Los Coyotes Diagonal

Long Beach, CA 90808

562-397-0592

paulagrippi@gmail.com

<http://advancedelectrolysisbypaula.com>

## **Prolase Laser Clinic Laser**

900 N. Pacific Ave.

Glendale, CA 91203

(818) 507-0909

<http://prolaseclinic.com/>

## **Plush Derma Laser Clinic & Skin Center**

11008 Main St #201, El Monte, CA 91731

(626) 377-4025

<https://plushdermalaser.com/>

## **SLS Laser Center**

6411 Sepulveda Blvd #1D

Van Nuys, CA 91411

(818) 804-5364

## **Dr. Susan Rabizadeh**

Cedars-Sinai Laser/Electrolysis

99 N. La Cienega Blvd. Suite 202

Beverly Hills, CA 90211

(310) 423-1500

# ***HIV/AIDS Treatment Resources***

## **APLA Health Trans Connections**

*An HIV Prevention Program for trans people of color, ages 18-29. They offer testing, treatment, and more.*

3741 S La Brea Ave

Los Angeles, CA 90016

(323) 628-3996

<https://aplahealth.org/services/trans-connections/>

## **APLA Health**

*Offers care for LGBT and other underserved communities of people living with and affected with HIV. Their programming includes testing and care, primary care, support services, and more.*

Multiple locations in Los Angeles and Antelope Valley

(213) 201-1600 / (213) 201-1500

<https://aplahealth.org/>

## **Bienestar**

*Provide treatment and other resources*

5326 E. Beverly Blvd.

Los Angeles, CA 90022

(866) 590-6411 ext. 113

## **TruEvolution**

*Offers HIV testing and case management for people living with HIV. As an LGBTQ+ justice organization, they focus on addressing health disparities in LGBTQ communities of color through community outreach, health education, and prevention programs.*

4164 Brockton Ave. Suite A

Riverside CA 92501

(951) 888-1346

<https://truevolution.org/>

## **JWCH Institute Inc.**

*A private non-profit health agency that offers HIV treatment, homeless health care, and more.*

Multiple Locations in Pasadena and Hacienda Heights

(866) 733-5924

<http://jwchinstitute.org/>

## **Planned Parenthood Pasadena Health Center**

*Diagnosis, PREP / PEP, and treatment. Available for both walk-ins and appointments. Offers sliding scale fees based on income.*

Multiple locations

1045 N Lake Ave, Pasadena, CA 91104

(626) 798-0706

[www.plannedparenthood.org](http://www.plannedparenthood.org)

# ***Fertility/Tissue Preservation***

## **California Cryobank Storage**

*Experience working with folks of different relationships and genders in preserving tissue and create accessible fertility options for the whole LGBTQIA+ community. They offer a “PRIDE” discount for folks who are interested in preserving tissue for possible future family planning.*

11915 La Grange Ave.

Los Angeles, CA 90025

(310) 443-5244 ext. 7316

<https://www.cryobank.com/lgbtq-families/>

## **Fairfax Cryobank Inc.**

*Dedicated to providing tissue preservation at competitive prices and a long history of working with people who would like to preserve tissue for folks across the gender spectrum.*

65 N. Madison Ave. Suite 610

Pasadena, CA 91101

(626) 432-1681

<https://fairfaxcryobank.com/>

## **DadiKit**

*Offers low-cost tissue preservation services. They have an at-home service and a follow-along on the website to understanding their program and how tissue preservation works.*

<https://www.dadikit.com>

## **CCRM Fertility**

*Offers its patients best-in-class patient care and access to a network of award-winning physicians, a full suite of fertility services, innovative technology, and cutting-edge labs*

Multiple Locations in Newport Beach

3501 Jamboree Road,

Newport Beach, CA 92660

(887) 201-6931 / (949) 222-1290

<https://www.ccrmvf.com/>



# ***Mental Health Resources***

**Trans LifeLine** 877-565-8860

**The Trevor Project** 866-488-7386

**National Suicide Prevention Lifeline** 800-273-8255

**Substance Abuse Services Hotline (SASH)** 844-804-7500

**Crisis Text Line** text HOME to 741741

## **LA Gender Center**

*A network of therapists who are experienced with working in the Trans/GNC community who can assist with affirming mental health services. They offer individual and couples counseling, counseling for children, adolescents, and their families, as well as support groups.*

Multiple Locations

(310) 475-8880

[www.lagendercenter.org](http://www.lagendercenter.org)

## **Queer Healing Oasis**

*Their mission is to provide affordable mental health services to queer, trans, and GNC people.*

110 N Maclay Ave, Suite 107

San Fernando, CA 91340

(818) 233-1079

[www.queerhealingoasis.com](http://www.queerhealingoasis.com)

## **Pacific Clinics**

*Offers specialized programs and supportive services for recovery and wellness. They provide different programming for folks of different ages and backgrounds, including mental health, substance use disorder treatment, housing and homelessness support services, employment services, wellness centers, and integrated care.*

Multiple Locations

+1 (877) 722-2737

[www.pacificclinics.org](http://www.pacificclinics.org)

## **Foothill Family**

*Provides a broad range of community-based mental health and social services to at-risk children and families in the San Gabriel Valley. They work with children and families through counseling, social services, education, and mental health for all ages.*

Multiple Locations

(626) 993-3000

[www.foothillfamily.org](http://www.foothillfamily.org)

# **Mental Health Resources**

## **East Valley Community Health**

*Provides unique treatment plans to serve each client or family's specific needs, including individual therapy for children and adults, couples' therapy, prenatal support groups, anxiety/depression support groups, referrals, and other resources*

Multiple Locations

1555 S Garey Ave

Pomona, CA 91766

(626) 919-4333 ext. 4200

[www.evchc.org](http://www.evchc.org)

## **Didi Hirsch**

*Provides mental health services for adults, children, and young adults/teens. They also offer psychiatric services and medication support.*

Multiple Locations

1540 East Colorado St.

Glendale, CA 91205

(310) 390-8896

<https://didihirsch.org/>

## **Counseling for All Seasons**

*A private practice counseling. The lead therapist is Melissa Lopez, LCSW. Services include individual and couples therapy and sessions in Spanish.*

Multiple locations

107 S. Fair Oaks Ave. #312

Pasadena, CA 91105

(323) 841-9950

<https://www.counseling4allseasons.com/>

## **Mental Health Institute Pasadena**

*An integrative mental health outpatient center that offers the community state of the art psychiatric and psychological services to promote mental health and well-being. They have providers who have a focus on working with LGBTQ+ folks.*

200 E. Del Mar Blvd. Ste #200

Pasadena, CA 91105

(626) 723-3099

<http://mhi-pas.com/>

# ***Mental Health Resources***

## **Our Best Selves**

*Offers therapy for individuals, groups, family, couples, children, teenagers, LGBTQIA+, womxn of color, immigrants, nonprofit workers, and abuse survivors.*

Multiple locations

440 S Marengo Ave

Pasadena, CA 91101

(213) 986-6229

<http://ourbestselvestherapy.com/>

## **The Gender Affirmation Project**

*Specialize in helping LGBT+ and other gender-nonconforming people by providing a gay and trans-affirming safe space, listening to your concerns, and customizing a treatment plan aimed at helping you reach your goals.*

5894 Magnolia Avenue

Riverside, California 92506

(951) 289-5025

<https://thegenderaffirmationproject.org/>

## **Webs of Well Being**

*A private practice and consulting business dedicated to deepening individual and collective healing through offering psychotherapy, trauma-informed yoga + meditation, and politicized, healing- centered consulting.*

440 S Marengo Ave

Pasadena, CA 91101

(562) 661-9813

<https://www.websofwellbeing.com/>

# ***Mental Health Resources***

## **Caroline Carter, Ph.D.**

<https://www.lagendercenter.org/>

caroline-carter

## **Danielle Hurwitz, LCSW**

310-498-5140

[dhurwitz@dveal.org](mailto:dhurwitz@dveal.org)

[www.dveal.org](http://www.dveal.org)

## **Theo Burnes, Ph.D.**

310-948-2380

[tburnes@lagendercenter.com](mailto:tburnes@lagendercenter.com) 1923

## **COLORS at Antioch University Clinic**

323-953-5130

[info@coloryouth.org](mailto:info@coloryouth.org)

## **Cadyn Cathers, MA**

310-616-6226

[ccathers@lagendercenter.com](mailto:ccathers@lagendercenter.com)

## **Aydin Olson-Kennedy, LCSW**

818-850-2029

[akennedy@lagenderceter.com](mailto:akennedy@lagenderceter.com)

## **Jennifer L. Collins, LCSW**

(213) 223-6042

<https://www.jlpsychotherapy.com>

## **Rachel Gipson, ACSW**

310-422-9099

[rachelkgipson@gmail.com](mailto:rachelkgipson@gmail.com) 13400

[Rachelgipson.com](http://Rachelgipson.com)

## **Huong Diep, Psy.D.**

858-367-3779

[drhdiep@gmail.com](mailto:drhdiep@gmail.com)

[www.drhdiep.com](http://www.drhdiep.com)

## **Iordana Gaytan Gamiz**

323-310-532

[iordanagaytanlmft@gmail.com](mailto:iordanagaytanlmft@gmail.com)

<https://www.iordanagaytan.com/>

## **Tyler Daly, M.A., MAE, AMFT**

424-646-3729

[tylerstrengthbasedtherapy@gmail.com](mailto:tylerstrengthbasedtherapy@gmail.com)

## **Cat Feliks Eskilson, AMFT**

The LA Gender Center

[staff@lagendercenter.com](mailto:staff@lagendercenter.com)

# **Domestic Violence and Sexual Assault Resources**

## **Peace Over Violence**

*A multicultural, community-based, and volunteer-centered organization dedicated to building healthy relationships, families, and communities free from sexual, domestic, and interpersonal violence. They provide crisis intervention services and violence prevention education and legal services.*

892 N Fair Oaks Ave, Suite D

Pasadena, CA 91103

(626) 584-6191

[www.peaceoverviolence.org](http://www.peaceoverviolence.org)

## **Center for the Pacific Asian Family**

*CPAF was founded to help address domestic violence and sexual assault in the Asian and Pacific Islander communities. Their services include a 24hr Help Line, intervention, prevention, training, and more.*

3424 Wilshire Blvd, Suite 1000

Los Angeles, CA 90010

+1(800) 339-3940 24hr Help Line

<https://nurturingchange.org>

## **Angel Step Inn**

*Has a 24-hour hotline, emergency shelter (with considering of patient's gender identity), counseling, education on DV and substance use, case management, as well as a children's program.*

(323) 780-4357

[www.angelstepinn.org/home.aspx](http://www.angelstepinn.org/home.aspx)

# **Substance Use Resources**

## **Las Encinas**

*Offers a wide range of mental health care services, with a particular focus on the treatment of psychiatric and chemical dependency issues. The Pasadena Mental Health hospital provides a variety of inpatient and outpatient care programs, including inpatient detox, inpatient psychiatric stabilization, chemical dependency rehabilitation, residential treatment, partial hospitalization, and intensive outpatient services.*

2900 East Del Mar Blvd.

Pasadena, CA 91107

(626) 795-9901

<https://www.lasencinashospital.com/>

## **L.A. CADA**

*In-patient, out-patient, and residential services for folks in recovery. They work with youth, adults, and families. They also offer prevention care for HIV.*

*Multiple Locations*

(562) 906-2676

[www.lacada.com](http://www.lacada.com)

## **Mid Valley Outpatient**

*Offers services to help patients throughout their recovery. From individual and group counseling, HIV/STI education, and more.*

*They work on a sliding scale, and intakes are made by appointment.*

3131 Santa Anita Ave

El Monte, CA 91733

(626) 453-3432

[www.socialmodelrecovery.org/mid-valley-outpatient](http://www.socialmodelrecovery.org/mid-valley-outpatient)

# Community Resources

## **San Gabriel Valley LGBTQ Center**

*Offers different programs to anyone under the LGBTQ+ umbrella. They offer peer lead support groups, community events and have a hotline for linkages for services in your area.*

Prince Erik Hall  
2607 Santa Anita Ave  
Arcadia, CA 91006  
(626) 578-5772  
[www.sgvlgbtq.org](http://www.sgvlgbtq.org)

## **The LGBT Center OC**

*The program helps to guide the trans community, & their families throughout their transition. They offer hormone services, legal services, and host community events.*

1605 N Spurgeon St  
Santa Ana, CA 92701  
(714) 953-5428 ext. 338  
[www.lgbtcenteroc.org](http://www.lgbtcenteroc.org)

## **Adore LA**

*A queer community of faith experiencing God in unconventional ways. They host groups and community gatherings to create community.*

1733 N. New Hampshire Ave.  
Los Angeles, CA 90027  
(747) 228-2662  
<http://adorela.org/adorela>

## **The LGBT Center Long Beach**

*Advances equity for LGBTQ people through culturally responsive advocacy, education, programs, and services.*

2017 East 4th St  
Long Beach, CA 90814  
(562) 434-4455  
<https://www.centerlb.org/>

# Support Groups

## **San Gabriel Valley LGBTQ Center**

*TGI\* Peer Support Group – Peer lead trans, GNC, and intersex support group.*

*1st Monday and 4th Thursday of every month, 7 pm – 9 pm.*

*Prince Erik Hall – Parlor Room*

*Enby Support Group – A safe space for all Non-Binary, Gender Non-Conforming, & Transgender folks.*

*4th Tuesday of every month, 7 pm – 9 pm.*

Contact Jessica – [jessica@sgvlgbtq.org](mailto:jessica@sgvlgbtq.org)

Prince Erik Hall & Gardens

2607 Santa Anita Ave

Arcadia, CA 91006

[www.sgvlgbtq.org](http://www.sgvlgbtq.org)

## **Pasadena PFLAG**

*A monthly support group for parents, family members, allies, and LGBTQ+ folks.*

*1st Tuesday of the month, 7 pm – 9 pm.*

301 N. Orange Grove Blvd.

Pasadena CA 91102

<http://www.pflagpasadena.org/>

## **San Gabriel Valley API PFLAG**

*SGV API Support Group – a monthly support group for parents, family members, allies, and LGBTQ+ folks with Asian, Pacific-Islander, or South Asian heritage.*

*4th Sunday of every month, 3 pm – 5 pm.*

RSVP online

Sage Granada Park Methodist Church (Yokoi Chapel)  
1850 W. Hellman Ave.

Alhambra, CA 91803

[www.sangabrielvalleyapipflag.com/support-group.html](http://www.sangabrielvalleyapipflag.com/support-group.html)

## **Trans Wellness Center**

*Tool Box 2.0 – A transmasculine support space and discussion group. Every Friday, from 5:30 pm – 7:30 pm.*

Contact Jesse – (213) 375-3830 ext. 1803

*TransAction Program – A social support group for transgender women at any time in their transition. Food is available.*

*Every Monday, Wednesday, and Friday, 1 pm – 3 pm.*

Contact: (323) 993-2900

3055 Wilshire Blvd. Suite 300

Los Angeles, CA 90010

[www.mytranswellness.org/calendar/](http://www.mytranswellness.org/calendar/)



# Support Groups

## **Enby Entities**

*A trans, non- binary/GNC and questioning discussion group, 18+.*

*Every second and fourth Thursday*

*of the month, 7 pm – 8:30 pm.*

Contact Adam – adam.reyes@twlmp.org

800 W. 6th St. Suite 750

Los Angeles, CA 90017

## **OUTreach Center**

*Trans Support and Significant Other*

*Groups – meets on the second Saturday*

*of the month at The OUTreach Center*

*from 6 pm to 8 pm. Trans people and*

*allies are welcome.*

Allison@OUTreachCenterAV.org

44845 Cedar Avenue

Lancaster, CA 93534

(661) 927-7433

<https://outreachcenterav.org/index.html>

## **The Wall Las Memorias Project**

*Las Sirenas – Trans lead peer support group for trans-women of all ages. Food and refreshments are available.*

*Every last Wednesday of the month, 6:30 pm – 8 pm.*

Contact Angela – angela.cristobal@twlmp.org

5619 Monte Vista St.

Los Angeles, CA 90042

(323) 257-1056

## **South Bay LGBT Center**

*Q Faith Community – faith-based lgbt+ support group.*

*Sundays 2 pm – 3 pm*

*Free 2B LGBT – a peer support group for teens (13-18)*

*Wednesdays 5 pm – 7 pm*

*Trans, GNC, NB, Gender Fluid Social Support*

*Group – a group for all trans people at all stages and gender variance, and for anyone who is questioning their gender identity and needs someone to talk to.*

*Wednesdays 7 pm – 9 pm*

*Young Adults Group – social support group (18-28)*

*Thursdays 6 pm – 8 pm*

*.(310) 328-6550*

*16610 Crenshaw Blvd.*

*Torrance, CA 90504*

*<http://southbaycenter.wixsite.com/southbaylgbtcenter>*

# Food Resources

## **East San Gabriel Valley Coalition**

### **for the Homeless**

*Help folks by providing emergency and transitional shelter programs, food/meals for patients, assistance with basic needs (hygiene, clothing, and transportation), and offers referrals for other housing programs, jobs, education, and healthcare.*

In the St. Martin De Porres Center

St. John Vianney Church

1345 Turnbull Canyon Road

Hacienda Heights, CA 91745

(626) 333-7204

[www.esgvch.org](http://www.esgvch.org)

## **Settlement House**

*A charitable organization that provides a non-profit for the temporary emergency needs of the low-income families and individuals who reside within the boundaries of the Corona-Norco School District.*

507 S Vicentia Ave

Corona, CA 92882

(951) 737-3504

<http://settlementhouse.net/>

## **Union Station Homeless Services**

*Day center for individuals 18+, breakfast served daily*

*9:00 a.m.-9:45 a.m., lunch served daily*

*12:00 p.m.- 12:45 p.m., showers provided daily*

*7:00 a.m.-12:00 p.m. (first come, first serve),*

*on-site medical services Tues 8:00 a.m.-12:00 p.m.*

*& Fri 8:00 a.m.- 12:00 p.m.*

412 S Raymond Ave

Pasadena, CA 91105

(626) 240-4550

## **NOLP Food Pantries and Nutrition**

*Clients receive pre-bagged groceries that include fresh dairy, frozen meats, fresh produce, and an assortment of canned and dry foods, as well as hygiene items and cleaning supplies. They offer bilingual, one-on-one nutritional counseling and nutrition classes. Calendar online. [nolp@apla.org](mailto:nolp@apla.org)*

*Multiple Locations*

7336 Bellaire Ave #4301

North Hollywood, CA 91605

(213) 201-1413

<https://aplahealth.org/services/nolp-food-pantries-nutrition/>

# **Housing Resources**

## **Art House**

*Transitional housing through L.A. CADA.  
Special accommodations for trans/GNC folks  
who are accessing their services.*

1646 N. Fair Oaks Ave.

Pasadena, CA 91103

(626) 314-3333

[www.lacada.com](http://www.lacada.com)

## **Hope House**

*Transitional housing through Trans Latin@  
Coalition. Help candidates to save money  
to help out after six-month program is  
complete. Require valid ID, TB test,  
payment of \$500, and pay stubs to show  
current job.*

710 N Anaheim Blvd

Anaheim, CA 92805

(833) 847-2331 ext. 204 or ext. 201

[www.translatinacoalition.org](http://www.translatinacoalition.org)

## **Ascencia**

*Provides a range of housing and programs to assist  
people out of homelessness. They offer  
comprehensive services to adults who are homeless,  
including street outreach, case management, and  
shelter. They advise folks to come in a little before they  
open since they start intake at 7 am sharp.*

1851 Tyburn St

Glendale, CA 91204

(818) 246-7900

[www.ascenciaca.org](http://www.ascenciaca.org)

## **St. John's Well Child and Family Center**

### **Homeless Services Program**

*Includes homeless services case management and  
community outreach for hard-to-reach populations to  
increase access to primary medical, dental, behavioral  
health care, and support services for homeless and  
housing insecure patients.*

326 W 23rd St

Los Angeles, CA 90007

323) 541-1600 ext. 4090

<http://www.wellchild.org/homeless-health-services/>

# Housing Resources

## **Trans Wellness Center**

*Referrals to housing resources for clients recently released from detention/incarceration, housing for HIV positive homeless clients, referrals to youth housing through Highland LA LGBT Center.*

3055 Wilshire Blvd, Suite 360

Los Angeles, CA 90010

(323) 993-2900

[www.mytranswellness.org](http://www.mytranswellness.org)

## **APAIT**

*Case managers provide wrap-around housing case management services for folks who are HIV+/living with AIDS, living in or moving to LA county, and meet their income restrictions.*

3055 Wilshire Blvd, Suite 300

Los Angeles, CA 90010

(213) 375-3830

<http://apaitonline.org>

## **Bienestar**

*Housing Program is designed to help people whose health conditions make it difficult for them to pay their rent and utilities. They offer assistance with paying rent/mortgage, monetary grants to help move into a new permanent living space, and getting connected to other emergency and transitional housing programs.*

Multiple Locations

(866) 590-6411 ext. 124

[www.bienestar.org](http://www.bienestar.org)

## **Healthy Housing Foundation**

*Support services with sustainable, affordable housing for folks who are homeless and low income population.*

Multiple Locations

(323) 841-6237

<https://www.healthyhousingfoundation.net/>

## **Affordable Housing Online**

*Find affordable housing in your area.*

<https://affordablehousingonline.com/>

# Employment

## **TransCanWork**

*dedicated to helping the trans community achieve higher levels of success through their workshops, speaking engagements, educational outreach & Transgender-Inclusivity Training. They offer direct linkages to employers for employment opportunities.*

1733 N New Hampshire Ave

Hollywood, CA 90027

(213) 787-7448

[www.transcanwork.org](http://www.transcanwork.org)

## **Transgender Economic Empowerment Project**

*A program that provides support for those looking for trans-friendly jobs, support for coming out in the workplace, and developing long term career goals by improving employability and financial coaching.*

*Multiple Locations*

(323) 860-3713

[https://lalgbtcenter.org/about-the-center/clients-](https://lalgbtcenter.org/about-the-center/clients-stories/transgender-economic-empowerment-project)

[stories/transgender-economic-empowerment-project](https://lalgbtcenter.org/about-the-center/clients-stories/transgender-economic-empowerment-project)

## **Chrysalis**

*A nonprofit organization dedicated to creating a pathway to self-sufficiency for homeless and low-income individuals by providing the resources and support needed to find and retain employment.*

Multiple Locations

522 S Main St

Los Angeles, CA 90013

(213) 806-6300

<https://www.changelives.org/>

# Legal Resources

## **Bet Tzedek**

*Provides free expert legal advice and representation to low-income residents of Los Angeles County. Services offered are to help with legal name/gender marker change.*

3250 Wilshire Blvd, 13th Floor

Los Angeles, CA 90010-1577

(323) 549-5894

[www.bettzedek.org](http://www.bettzedek.org)

## **Chazan Family Law**

*Private practice. Alana Chazan, Esq. brings years of working with the LGBTQ+ community at different capacities. Hourly and flat rates, both on a sliding fee scale. Check the website for the full list of services.*

100 N. Brand Blvd., Ste. 600

Glendale CA 91203

(818) 476-0127

[alana@acfamilylaw.com](mailto:alana@acfamilylaw.com)

<https://acfamilylaw.com/>

## **Lambda Legal**

*Offers advice and legal representation for lesbians, gay men, bisexuals, transgender people, and those with HIV through impact litigation, education, and public policy work.*

Western Regional Office

4221 Wilshire Blvd, Suite 280

Los Angeles, CA 90010-3512

(213) 382-7600

[www.lambdalegal.org](http://www.lambdalegal.org)

## **CARECEN**

*Has been working to change an unjust immigration system, win legal status for immigrants, and foster community activism on issues such as education reform, workers' and immigrants' rights, economic justice, and community strengthening.*

Multiple Locations

2845 W 7th St

Los Angeles, CA 90005

(213) 385-7800

<https://www.carecen-la.org/>